

# Insulin Resistance Test

see also **HOMA Index**

General:

Function test after 75 g glucose load.

Material: 1 ml serum (fasting, 1st hour, 2nd hour)

Stability: 3 days at 2 to 8°C

TAT: same day, FML

Preamalytics: Insulin is a very vulnerable parameter. If possible please centrifuge and send the frozen serum. Otherwise we recommend performing the test at FML!

Method: ECLIA

Units: IU/ml

Ref.- range: see report

Note: Results have to be interpreted together with the glucose values

For complete list of laboratory test offered at Freiburg Medical Laboratory, please visit  
<http://www.fml-dubai.com/parameter-listings/>