



# Hyperaldosteronism

<b>Primary hyper-aldosteronism</b>	(Conn syndrome) aldosterone-producing adenomas of the suprarenal gland (> 50%), idiopathic hyperaldosteronism, with bilateral nodular hyperplasia of the zona glomerulosa (approx. 40%), unilateral or bilateral adrenal hyperplasia without adenoma, rare paraneoplastic; Laboratory: aldosterone in plasma increased, renin in plasma normal to decreased, hypokalemia, hypernatremia, polyuria, polydipsia, hyponatremia, hypokalemiuria, (in 50% of the cases)
<b>Secondary hyper-aldosteronism</b>	Stimulation of the renin-angiotensin system. Organic: stenosis of kidney artery, malignant hypertension, renin-producing tumor; Functional: hyponatremia, hypovolemia, Bartter syndrome (without hypertension)
	Relative hyperaldosteronism by reduced aldosterone metabolism in cardiac, hepatic and renal edemas.

Diagnosis by the following parameters: Aldosterone in serum/urine, renin, sodium/potassium in serum/urine, ACTH, cortisol diurnal profile, 17-OH progesterone, DHEA-S, androstendione, dexamethasone inhibition test, captoril test, furosemide test.

For complete list of laboratory test offered at Freiburg Medical Laboratory, please visit  
<http://www.fml-dubai.com/parameter-listings/>