IMUPRO BASIC

ImuPro Basic tests 90 foods:

Cereals (with Gluten)

- Barley
- Gluten
- Oats
- Rye
- Spelt
- Wheat

Alternatives to Cereals

- Buckwheat
- Maize, sweet corn
- Millet
- Rice

Meat

- Beef
- Chicken
- Lamb
- Pork
- Turkey hen

Fish & Seafood

- Crayfish
- Ocean perch
- Pollock
- Salmon
- Tunafish

Milk Products

- Goat milk and cheese
- Milk (cow)
- Rennet cheese (cow)
- Sheep milk and cheese
- Sour-milk products (cow)

Egg

- Chicken egg

Vegetables

- Aubergine
- Beetroot
- Broccoli
- Carrots
- Celeriac, knob celery
- Chili Cayenne
- Courgette
- Cucumber
- Kohlrabi (turnip cabbage)
- Leek
- Olive
- Onion
- Potato
- Red cabbage
- Sweet pepper
- Tomato

Salads

- Butterhead lettuce
- Lamb's lettuce

Legumes

- Green bean
- Grean pea
- Soyabean

Mushrooms

- Meadow mushrooms

Fruits

- Apple
- Apricot
- Banana
- Cherry
- Grape
- Kiwi
- Lemon
- Nectarine
- Orange
- Pineapple
- Strawberry
- Watermelon

Seeds & Nuts

- Almond
- Cashew kernels
- Cocoa bean
- Flax, linseed
- Hazelnut
- Peanut
- Pistachio
- Poppy seeds
- Pumpkin seeds
- Sesame
- Sunflower seed
- Walnut

Spice & Herbs

- Basil
- Cinnamon
- Garlic
- Horseradish
- Mustard seed
- Nutmeg
- Oregano
- Paprika, spice
- Parsley
- Pepper, black
- Rosemary
- Thyme
- Vanilla

Yeast

- Yeast (beer, bread)

Tea

- Peppermint

Sweeteners

- Cane sugar
- Honey (mixture)

Thickening Agents

- Guar flour (E412)